

# Start your day with prayer

Starting from Monday September 4th Rick will be leading an Online Morning Prayer at 9am each weekday morning.

This will be a simple 20min or so prayer using the Daily office from the Northumbria community

(<https://www.northumbriacommunity.org/offices/morning-prayer/>)

All who wish to join can do on the Church Zoom link, or use the liturgy above another time during the day.

